



Is the Positive Discipline Foundational Parenting Package for me?

Place a check-mark for any of the following that apply to you and your family:

- I am a first-time parent.
- Our home life is chaotic.
- My children do not respond to my attempts to discipline them.
- I know what kind of parent I *do not* want to be, but I do not know what other choices or parenting approaches are out there.
- I've tried all sorts of programs and approaches and nothing has worked long-term for our family.
- We deal with the same problems over and over again.
- My relationship with my child has been impacted negatively by my parenting choices.
- My children fight, disobey, act out, and do not listen to me.
- I want to have order and control in my home while also having a loving connection with my child.
- My partner/co-parent and I parent differently and are looking for a common ground to use with our children.
- I have children of varying ages and am looking for a program that will apply to all of them.
- I use parenting approaches such as spanking and yelling, which are shown to cause a negative impact on my child's development and mental health.
- I want parenting support but have limited availability for classes and meetings on the topic.

If you checked off any of the above boxes, your family will benefit from the Positive Discipline Foundational Parenting Package offered by Creative Family Counseling. This program has been proven over many years to help parents reach their parenting goals by equipping them with practical and ready-to-use Parenting Tools from the Positive Discipline Toolkit! The Creative Family Counseling Team has made this toolkit more accessible to parents by offering it in an at-home, self-paced format. Get started today to help your home become a happier place!

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